



Session aims:

To explore how much people need Jesus and inspire the young people to go and tell others about him and the difference he has made in their lives

To begin planning a specific outreach activity together

Bible passages:

Matthew 28:19
John 4:1–26

Base Camp aims:

To invite, and encourage non-Christian young people to explore more about who Jesus is and why they need him

To begin planning a specific activity to explore the Christian faith together

Base Camp Bible passage:

Luke 19:1–4

Preparation for you:

SHINE is a three-week programme comprising two teaching and planning sessions followed by one outreach session. (Watch the *How 2 SHINE* video to find out more.) The activities in weeks 1 and 2 are designed to dovetail within the standard Schools Live streams of 'some Bible knowledge' and 'Base Camp'; once you've chosen which stream to use, please continue to follow that throughout all the activities in both weeks.

You will find it helpful to pre-watch the film you are going to use in your *Connecting* section during weeks 1 and 2, and to think and pray a bit yourself about the kind of SHINE activity that might be best in the school you are working in. This year, we have again also produced a gospel presentation film for week 3. This is designed to make it even easier to share Jesus with the young people who come to any event you decide to organise as part of, or the central focus for, your chosen SHINE outreach. You can also download a PDF of easy-to-run week 3 ideas.

(We hope the majority of school groups will be excited to take part in SHINE. However, you will also find parallel SchoolsLive standard teaching sessions for these three weeks, should you wish to use these instead.)

Base Camp activities:

If your young people have little or no church background, or very little knowledge of the Bible, then you might want to use the **Base Camp activities** and corresponding films. These activities are specially tailored to enable those who are less familiar with Christianity to engage with the Bible. The Bible is still at the heart of these activities, but the way in which it is used is intended to be more accessible.

In the case of SHINE, Base Camp content is distinct from our other content in a very important way, in that it emphasises *exploring* more about Jesus with others rather than being *equipped* to share the gospel from a position of having already committed to follow Christ.

Way in – options to start your session (choose one of these activities)

At the traffic lights

Time: 5 mins

Bible knowledge: Some

With: enough pre-prepared sets of pieces of card in red, yellow and green for everyone in the group to have a set

- 1 Invite everyone to sit in a circle and give each person a set of 'traffic light' cards.
- 2 Explain that you are going to introduce a number of different scenarios, and for each one they should hold up the coloured card that reflects how they feel in response:
 - Say red means 'I really wouldn't want to do that' for whatever reason. (This could be because you're frightened, uncomfortable, or just uninterested.)
 - Say yellow means 'I'm not sure' – you might want to or might not want to. (This might be because you need more time to think about it, or it would depend on something like the weather or your mood on any given day.)
 - Say green means 'I'm in – let's go do it right now!'
- 3 Introduce some or all of the following scenarios (or some of your own), one at a time, leaving space for people to react and vote for each one, making sure you finish on the last one suggested here:
 - eat some chocolate
 - run 5K
 - watch a horror movie
 - meet the prime minister
 - sing on stage in front of a crowd
 - drink a milkshake
 - sit a test
 - read your Bible more
 - go to the seaside
 - go and tell other people at school about Jesus.

- 4 Use their responses to the last scenario to briefly introduce the group to SHINE. Explain that the aim is to get all of us feeling excited and ready to GO and tell people about Jesus in ways that feel natural to us.

Base Camp: On the starting line

Time: 5 mins

Bible knowledge: n/a

With: trainers, a stopwatch, some other clothes or accessories that indicate you – or a volunteer – is (supposed to be!) a runner

- 1 You (or your volunteer) should begin by sitting down, putting your feet up and putting your arms behind your head in as relaxed a position as you can achieve.
- 2 Then ask the group whether they would describe you as a runner, given you are wearing the right kit.
- 3 Now adopt the starting position (crouched down, with one leg stretched out behind you), as if you were at the beginning of a race. Ask the group again whether they would describe you as a runner.
- 4 Now pick up a bit of a jog on the spot, using some or all of the points below to lead into today's session and video. (Don't worry if you or your volunteer get a bit out of breath while doing this, as it will add to the fun and impact of what you are doing.)
 - Unless you actually get to the GO in ready, steady, GO, you've not really started the race or begun running.
 - This is true for lots of things. An explorer isn't really a real explorer if they stay at home thinking about going on an expedition.
 - This is also true in our lives more generally, and in finding out about Jesus specifically. We each need to get beyond the starting line and really start moving forward into exploring him for ourselves. So, are you ready... are you steady... let's GO!

Connecting – Options to explore the Bible passage (choose one of these activities)

GO and tell! (part 1)

Time: 20 mins

Bible knowledge: Some

With: *Christian video 1* and the means to show it

- 1 To access the videos, follow these steps:
 - a) Login or register on the SHINE in schools website (www.shineinschools.com).
 - b) Click on the 'Videos' tab and click '2018 GO Videos'.
 - c) Answer the three questions and click the 'CLICK HERE FOR YOUR VIDEOS' button to access the videos.
 - d) If you won't have access to the internet during your session and you need to download the videos, see the instructions on the bottom of the videos page.
- 2 Show the video to your group.
- 3 You might also want to show either or both of the extra videos that include interviews with Lindz (LZ7) West and Bethany Firth. These could be used this week or next week.

Base Camp: GO and explore! (part 1)

Time: 20 mins

Bible knowledge: n/a

With: *Non-Christian video 1* and the means to show it

- 1 To access the videos, follow these steps:
 - e) Login or register on the SHINE in schools website (www.shineinschools.com).
 - f) Click on the 'Videos' tab and click '2018 GO Videos'.
 - g) Answer the three questions and click the 'CLICK HERE FOR YOUR VIDEOS' button to access the videos.
 - h) If you won't have access to the internet during your session and you need to download the videos, see the instructions on the bottom of the videos page.
- 2 Show the video to your group.
- 3 You might also want to show either or both of the extra videos that include interviews with Lindz (LZ7) West and Bethany Firth. These could be used this week or next week.

Responding – Options to consider the next step (choose one of these activities)

Think, pray, GO! (part 1)

Time: 10 mins

Bible knowledge: Some

With: pens and paper, a flip chart or whiteboard and suitable pens

- 1 Briefly recap on the film's message by explaining that it's now time for the group to think and pray about how they can GO and tell people in school about Jesus. This might mean explaining more about Jesus or demonstrating his love. They might do this through an event, an act of service, an advertising campaign round school. It could be making a card or gift to give to a particular group or individual. (Make sure you remember to tell them about the gospel video that's available for them to show in week 3 as part of their event.)
- 2 Say that this week, you're just beginning to think about all the possible things you could do together to SHINE in school, so you want them to come up with lots of ideas before you all decide on the one you like best and are going to put into action. (If they are short of ideas, download and show them the Week 3 ideas PDF from the SHINE website.)
- 3 Give each person a few sheets of paper. Ask them to come up with as many ideas as possible – with one recorded per sheet of paper – of something the group could do to SHINE in school. Without worrying about details, for each one they should think about:
 - what it is
 - who it's aiming to reach
 - how they would do it
 - when and where it would happen.
- 4 After a few minutes, collect all the ideas up and briefly read them out to the group. Ask them to think and pray during this week about which one they would like to explore the most. Explain that you can all decide next week, and then start making detailed plans to make it happen the week after that.
- 5 Remind them, too, to take up the challenge set by the video – to think and pray about a friend they could invite along to the event in week 3.

Base Camp: Exploring with other seekers (part 1)

Time: 10 mins

Bible knowledge: n/a

With: a flip chart and suitable pens, sticky notes (optional)

- 1 Begin by responding to the challenge set in the video, and very briefly encouraging each person to think of someone they know who has been following – or exploring following Jesus – for a while now. Encourage them to GO and talk to this person to find out more about the difference Jesus has made to their lives and why they would say they, and others, need him. If you have decided to use them, you could give everyone a sticky note on which to write the name of that person to take away as a reminder.
- 2 On the flip chart, draw a stick person sitting in a tree, looking down at a haloed stick person (to represent Jesus). Ask the group to think about who else in school they think might also want to GO and find out more about Jesus with them.
- 3 Jot these groups or individuals down. Now ask the group to make suggestions for how you might be able to do this – by holding an event or by using another idea that you can prepare over the next couple of weeks. (Make sure you remember to tell them about the gospel video that's available for them to watch and show in week 3. If they are short of ideas, you could download the Week 3 ideas PDF from the SHINE website.)
- 4 Ask the group to think about the different ideas that have come up in this session during the coming week. Explain that next week they will need to vote on an idea they want to put into action, and plan out together how they are going to make it happen. (Keep the flip chart notes safe, ready for next week.)